

CERTIFICATE OF PARTICIPATION

This is to certify that

David Langstone

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:14:46

PACE 07:27/km

GENDER 116 of 157

OVERALL 177 of 287

60+ 9 of 15

04 December 2016, Sun

Date



BoutTime

Signature

